



549 W Randolph Street, Suite 704 • Chicago, IL 60661
Phone 312-666-9836 • Fax 312-781-1736

Registration Form CARA's 2011 Summer Marathon Training Program

Name _____ CARA # _____

Address _____

City, ST, ZIP _____

Home Phone _____ Work Phone _____

E-Mail _____

Gender () M () F Birth Date _____ Running Club _____

Charity - _____

| | | | | | | | | | |
|-----------------------|-------|-------|---|------|------------------|------|-------|-------|-------|
| Training Pace: | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
| | 11:30 | 12:00 | **Run/Walk 11:30 | | **Run/Walk 12:00 | | | | |
| | | | **Run/Walk is Downtown, Montrose, Oak Forest & Wheaton only | | | | | | |

Shirt Size: XS S M L XL XXL

Location:

- () Chicago - Beverly
- () Chicago - Hyde Park
- () Chicago - Downtown
- () Chicago - Montrose
- () Chicago - Montrose
- () Chicago - Montrose
- () Darien
- () Libertyville
- () Niles
- () Oak Forest
- () Wheaton

Session:

- Saturdays – 6:30 am
- Saturdays – 6:00 am
- Saturdays - 6:00 am
- Saturdays - 6:00 am
- Saturdays - 6:30 am
- Sundays - 6:30 am
- Saturdays - 7:00 am
- Saturdays - 6:45 am
- Saturdays - 7:00 am
- Saturdays - 6:50 am
- Saturdays - 6:45 am

Please Note - NO PRORATES apply and NO REFUNDS can be issued for any reason, including injury, after a program begins. REGISTRATION IS NOT TRANSFERABLE. You cannot give your registration to another person. Entry fee to the Bank of America Chicago Marathon is **NOT** included with the program fee. You must be 18 years or older to participate in CARA training programs.

Waiver (you must sign the waiver below)

In consideration of being permitted to participate in CARA's Training Programs, I do hereby, for myself and heirs and personal representatives, release and discharge the Chicago Area Runners Association, Bank of America, The Bank of America Chicago Marathon, Chicago Park District, Gatorade, NovaCare Rehabilitation, Goose Island Brewery, Fleet Feet Sports, and their affiliates, agents, employees, officers, directors, successors, assigns and all other persons connected with this program, from any and all liabilities on account of any injury, death or damage growing out of my participation, whether caused by their negligence or otherwise. I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings or any other record of this program for any legitimate purpose, without monetary payment to me. I am physically fit and sufficiently trained to participate in this program and recognize the risks involved, and intend by this release to assume full responsibility for anything that might happen to me.

Signature _____

Date _____