

RUN FOR AUTISM - CHICAGO
CARA TRAINING PROGRAM APPLICATION

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• This marathon training program is optional and available to runners in the Chicago area only. Upon submission of this form, OAR •
• pays CARA the full fee for your participation in the training program. In return, you will be expected to raise at least \$500 for •
• autism research. OAR does not receive a refund of the initial program fee if you discontinue CARA training for any reason, and •
• the \$500 fundraising agreement will remain regardless of your participation in the training or actual event. •
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Name _____ CARA # _____
(ONLY if prior CARA member)

Address _____

City, ST, ZIP _____

Home Phone _____ Work Phone _____

E-Mail _____ Gender () M () F Birth Date _____ Running Club _____

Training Pace: 7:30 8:00 8:30 9:00 9:30 10:00 10:30 11:00 11:30 12:00
Run/Walk (L.P., Oak Forest & Wheaton only)

Shirt Size: XS S M L XL XXL

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|----------------------------|--------------------------------------|
| Location: | Session: |
| () Chicago - Downtown | Saturdays - 6:00 am |
| () Chicago - Lincoln Park | Saturdays - 6:00 am |
| () Chicago - Lincoln Park | Saturdays - 6:30 am |
| () Chicago - Lincoln Park | Sundays - 6:30 am |
| () Chicago - Lincoln Park | Saturdays - 6:30 am Run/Walk Program |
| () Darien | Saturdays - 7:00 am |
| () Libertyville | Saturdays - 6:45 am |
| () Niles | Saturdays - 7:00 am |
| () Oak Forest | Saturdays - 6:50 am |
| () Oak Forest | Saturdays - 6:50 am Run/Walk Program |
| () Wheaton | Saturdays - 6:45 am |
| () Wheaton | Saturdays - 6:45 am Run/Walk Program |

Please Note - NO PRORATES apply and NO REFUNDS can be issued for any reason, including injury, after a program begins. REGISTRATION IS NOT TRANSFERABLE. You cannot give your registration to another person. Registration fees must be paid before a program begins. Entry fee to the Bank of America Chicago Marathon is **NOT** included with the program fee. You must be 18 years or older to participate in CARA training programs.

Waiver (you must sign the waiver below)
In consideration of being permitted to participate in CARA's Training Programs, I do hereby, for myself and heirs and personal representatives, release and discharge the Chicago Area Runners Association, Bank of America, The Bank of America Chicago Marathon, Chicago Park District, Gatorade, NovaCare Rehabilitation, Goose Island Brewery, Fleet Feet Sports, and their affiliates, agents, employees, officers, directors, successors, assigns and all other persons connected with this program, from any and all liabilities on account of any injury, death or damage growing out of my participation, whether caused by their negligence or otherwise. I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings or any other record of this program for any legitimate purpose, without monetary payment to me. I am physically fit and sufficiently trained to participate in this program and recognize the risks involved, and intend by this release to assume full responsibility for anything that might happen to me.

Signature _____ Date _____

Return completed form to the **RUN FOR AUTISM**
Fax 703-243-9751 • run@researchautism.org • 2000 N 14th Street, Suite 710 • Arlington, VA 22201 • Phone 703-243-9712